



Bristol Health & Wellbeing Board

<p>Personal Health Budgets Local Offer</p> <p>February 2016</p>	
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Report for: Assurance and Information	

Summary

There is a requirement to advise the Health and Wellbeing Board (HWB) how the Clinical Commissioning Group will develop the local offer for personal health budgets beyond CHC, that includes the integrated personal commissioning pilot over the coming months in time for publication of the HWB strategy 2016/17.

A personal health budget is a method of providing individuals with increased choice and control over how money for their care and support is commissioned. Some individuals who have long term, chronic and complex conditions would like the opportunity to become more involved in the decision making about the care that they receive and would like more choice in the services available to meet their health and care needs.

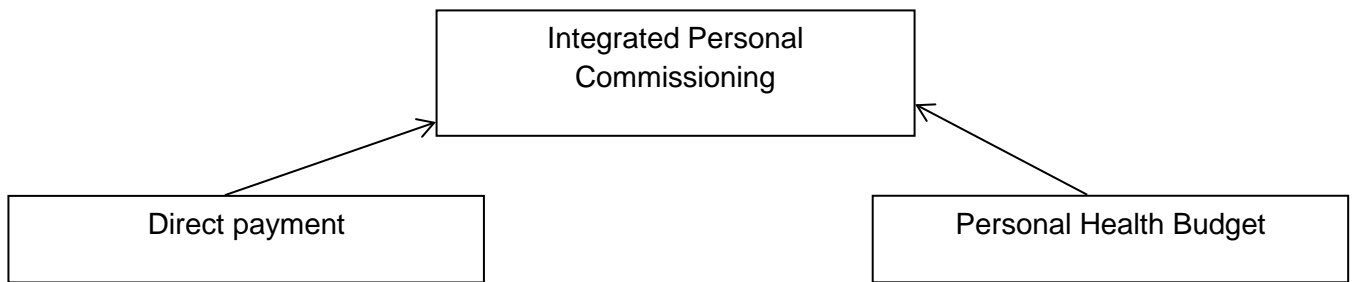
A personal health budget is focused on the individual developing a care and support plan that is outcomes focused. It therefore takes a whole person approach rather than only focusing on what the organisation developing the plan can provide. This plan should also help avoid people having to tell their story more than once.

What is Integrated Personal Commissioning? Patients are funded (directly or indirectly) to purchase services, equipment and items that will improve their health, wellbeing and care needs. At the centre is the care plan, which helps them decide their health and social care goals together with the local NHS and local authority team. The patient agrees the best way to spend their money with the local team. This could be a doctor or care manager. The patient will have more say about their healthcare and social care.

What is a personal health budget? A personal health budget is an amount of money to support your identified health and wellbeing needs, planned and agreed between you and your local NHS team. The aim is to give people with long-term conditions and disabilities greater choice and control over the healthcare and support they receive.

What is a personal budget/direct payment? This is a budget agreed by the Local Authority to meet and individuals care and wellbeing needs, planned and agreed with your social worker. The aim is to give people with long-term conditions and disabilities greater choice and control over the healthcare and support they receive.

What is an integrated budget? An amount of money to support your identified health, care and wellbeing needs, planned and agreed between you, your local NHS team and Local Authority.



Assessment Process: The assessment process for determining whether an individual patient meets the threshold to access NHS and/or social care services remains the same. IPC aims to change the way those services are commissioned and delivered and changes the relationship between patients and professionals.

Personal Health Budget's Outcomes

Personal Health Budgets were introduced within the NHS IN 2009 following an independent evaluation by the University of Kent concluded that:

- Improved outcomes for patients through providing more tailored services and facilitate greater individual engagement;
- Helped to improve self-management and compliance through greater individual engagement;
- Enable a greater diversity of goods and services purchased;
- Improvements in satisfaction with services;
- Reduced GP visits and hospital admissions; and
- Cost savings for high cost, highly complex cases.

Policy Context

The 'NHS England Forward View Into Action: Planning for 2015/16' expressed that 'To give patients more direct control, we expect CCGs to lead a major expansion in the offer and delivery of personal health budgets to people, where evidence indicates they could benefit'. Adults who are eligible for NHS Continuing Healthcare (CHC) and children and young people eligible for NHS Continuing Care (CC) have the right to have a personal health budget. And Bristol CCG has been implementing them since April 2014 and now has a number of them successfully implemented for both adults and children in Bristol.

2015/16 saw the first steps towards integrated personalised commissioning (IPC) in national demonstrator sites. For the first time, IPC brings together health and social care budgets for individuals and enables them to exercise more influence over how their own care and support is provided. As well as care planning and voluntary sector

advocacy and support, IPC will provide an integrated capitated budget that will be managed by individuals and their carers themselves.

Bristol is a member of the South West pilot site for Integrated Personal Commissioning that encompasses personal health budgets within continuing care and beyond.

Public and patient involvement

The Better Care Bristol team lead the development of IPC locally and chair a co-production group to learn and progress. Representatives from the statutory and community and voluntary sector sit on this group to maximise shared learning within the pilot. The co-production group meets regularly and it is intended that once more integrated budgets are introduced, service users will have the opportunity to contribute to the meetings should they wish to. A partnership and collaborative approach has therefore been embedded from the outset in order to ensure a continuing dialogue of consultation on this agenda.

Bristol Local Offer

In reference to the above national policy and guidance, a Bristol local offer has been developed that provides for the continued implementation of personal health budgets within NHS Continuing Healthcare in line with CCG Standing Rules. The local offer also sets out how the CCG and its partners will expand personal health budgets and introduce integrated budgets through its involvement in the South West Integrated Personal Commissioning Programme.

Bristol Clinical Commissioning Group and its partners will be trialing personal health budgets and integrated budgets beyond NHS Continuing Healthcare through the involvement with the South West Integrated Personal Commissioning Programme. The CCG will seek to trial personal health budgets/ integrated budgets in each of the following groups over the next three years in a staged approach:

2015/2016 and 2016/2017

- 10 Children and young people with complex needs, including those eligible for education, health and care plans.
- 10 People with learning disabilities with high support needs, including those who are in institutional settings or at risk of placement.
- To continue identification of any continuing healthcare opportunities that would benefit from a personal health budget

The above plan will be reviewed regularly in light of the financial position of the CCG and to ensure that we maximize the use of learning from the CCGs existing budgets and other pilots across the region via the South West Integrated Personal

Commissioning Programme. The CCG will also continue to assess opportunities to introduce person centred and integrated care approaches that will maximise patient choice and control.

It is proposed that the HWB agree to include the 'Personal Health Budgets Local Offer' in the HWB strategy (as required by the 15/16 CCG planning guidance) and that the strategy refers people to the CCG website for details of the local offer. This will detail the local offer to be made available to the public, which includes easy read documents and access to further information from external sources. This will also enable the local offer to be printed by professionals and the public as required and the detail of the offer can be refreshed and refined as necessary over the coming years.

Risks and Opportunities

Personalisation is a fundamental policy directive for health and social care and this can be achieved through personalised care planning. There is a risk that individuals do not wish to have responsibility for a personal budget and this will impact on the 'major expansion' required by the 5-year forward plan.

There is a lack of financial modelling outside of continuing healthcare and therefore it remains uncertain if personal health budgets and integrated personal commissioning has the ability to destabilise current health and social care providers.

The opportunity of personal health budgets and integrated personal budgets is the engagement of individuals in how they plan and take responsibility for delivering of their own health and support. There is emerging evidence (particularly in continuing healthcare) that savings can be generated from such an approach.

Integrated personal budgets are another opportunity for BCC and the CCG to work together on a strand of integration and an opportunity to learn from BCC in relation to direct payments and person-centered care planning.

Recommendations

The HWB agree to include the 'Personal Health Budgets Local Offer' in the HWB strategy (as required by the 15/16 CCG planning guidance) and that the strategy refers people to the CCG website for details of the local offer.

Consider a future agenda slot at the HWB for the South West Integrated Personal Commissioning Programme to present on the programme to increase understanding and explain how the HWB has role in achieving the aims of the programme.